

PRAESTA PROMPT: SEE THE WOOD FOR THE TREES
Creating a sustainable future

How is 2021 unfolding for you? Were you able to recharge your batteries over the Christmas break, or has the pressure felt relentless? Are you worrying about how to help your teams and your family to navigate uncertainty, when you are not sure of the way forward yourself?

These questions are key features of our current conversations with leaders and leadership teams. Equally, we are observing a deep resolve in our clients to mark their achievements thus far, and to find solutions to the next set of interconnected problems. **Seeing the wood for the trees** has been a consistent theme in helping our clients to identify where they can make the most difference, where to focus their energies, and what can be delegated, dropped, or accepted as being outside of their control.

As you take stock this month might it be helpful to reflect:

As an individual

1. What can I influence that is within my control?
2. What does it mean to bring grounded optimism over the next weeks, whilst remaining realistic?
3. How do I give others a sense of direction and priorities, and then help them to adjust if the environment changes?
4. Am I remembering to surface how others are feeling and finding out what they need to do their jobs well?

As a team

1. What is it that must be done and can only be done by us acting jointly?
2. What is most likely to stall our momentum and how do we avoid that happening?
3. How do we ensure we devote enough time and energy to the longer term questions?
4. Have we got a coherent approach to our key stakeholders?

These themes are taken from the new Praesta Insights booklet **'Leading for the long term: creating a sustainable future'**. [Click here](#) in case you missed its circulation. The booklet is based around six metaphors, of which the first is 'see the wood for the trees'.